



## LASER HAIR REMOVAL INFORMED CONSENT

This informed consent document has been prepared to help inform you about laser procedures, its risks, as well as alternative treatment(s). It is important that you read this information carefully and completely. Please initial each page indicating that you have read the page and sign the consent for surgery as proposed by us and agreed upon by you.

### **Laser Hair Removal Procedure (LHR).**

LHR is a non-invasive laser treatment designed to remove unwanted hair from all parts of the body. The laser device works by emitting pulses of light energy that penetrate the skin and destroy hair follicles while the device's handpiece cools the surrounding skin. Because the laser needs to fill the hair follicle to work effectively, it is important not to wax, tweeze, have electrolysis procedures or pluck hair for 2-4 weeks prior to the procedure.

You will be required to wear protective eye glasses during the procedure to protect your eyes from the laser light. You may feel a slight burning, stinging or pinching sensation during the procedure, it generally takes 10 to 21 days after the procedure for the treated hair to fall out. Treatment of dark coarse hair generally achieves the best results while removal of light fine hair generally requires additional treatments which may or may not be successful.

Hair grows in cycles. A minimum of four to six treatments will be necessary as the process is most effective on hair during the early growth cycle. After each session you will see substantial visible hair reduction. Each laser hair removal treatment will result in hair growth reduction. Additionally, hair will grow progressively slower, lighter, and finer with each treatment. It takes more than one treatment to affect all the follicles growing in an area.

Clinical results of LHR may also vary depending on individual skin type, hormonal levels and hereditary influences. Therefore, some patients may experience partial results and some may notice no improvement at all. Future hormonal changes may cause additional hair growth. LHR procedure generally involves a series of treatments. Ideal (light skin/dark hair) candidates can usually achieve 65%-90% reduction with a series of 6 treatments. Thicker skinned areas such as men's backs, faces or neck usually require more than 6 sessions and usually achieve only partial reduction or hair thinning

**Since no procedure can guarantee permanent hair removal,** most patients can expect a 60% to 70% reduction in hair growth. Remember, the laser is FDA approved for permanent hair reduction, not removal. The extent of long-term hair reduction will vary among clients because of the nature of hair and the many factors that influence the growth of hair. After the initial full course of treatments there should be little hair regrowth. This re-growth will require future laser hair removal treatments to sustain hair reduction.

Note: Multiple treatments will be required to achieve optimum results. All payments are strictly nonrefundable.

### **Alternative Procedures**

LHR is a voluntary cosmetic procedure which is not necessary or required.

### **Not Good Candidates.**

Generally, you are not a good candidate for LHR procedure if you are pregnant, nursing or plan to become pregnant while undergoing LHR treatments. Individuals who have used Accutane within the past six months or who used any medications requiring limited exposure to sunlight are not good candidates for LHR procedure.

Individuals with recently tanned skin are advised to delay undergoing the LHR procedure. The laser may not be effective on blond or gray hair. Sun exposure 2-4 weeks prior to treatment may reduce effectiveness of the laser. Please inform us if you have an allergy to Aloe.

### **Risks and Complications.**

All medical and cosmetic procedures are associated with certain risks and may result in complications. Possible risks and complications associated with LHR procedure include:

- Temporary reddening, burning, swelling, bruising or discoloration of the skin over the treated area.
- Blistering, scarring, activation of cold sores, infection or permanent discoloration, which may occur in rare cases. Please inform us if you have ever had a problem with cold sores.
- Folliculitis, which is an infection of the hair follicle, which may take several days to resolve
- Hyperpigmentation (darkening of the skin) or hypopigmentation (lightening of the skin), which rare may take several months to fully resolve
- Crusting or blistering of the area exposed to laser, which is rare and which may take several days to heal.
- As with all LHR procedures, some re-growth of hair may occur after treatment sessions are completed.

**Post Procedure Instructions.**

It is important that you comply with all post procedure instructions. Please call your doctor promptly if complications develop after the procedure.

- Cover the treated area with a sunscreen of SPF 15 or higher and avoid sun exposure to the treated area for 4 to 6 weeks. No direct sun exposure for at least 2 weeks.
- The areas treated with the laser may be red following treatment. This will generally fade within 2-3 days. The treated area can be washed normally with mild soap and water. Wash the area gently with your fingertips. Use of a washcloth or other abrasive instrument is not recommended.
- Avoid irritants such as products containing glycolic acid or Retin-A in the area for 5 to 7 days. No deodorant to the treated area for 48 hours.
- Minor crusting or scabbing of the treated area can occur following treatment. Do not rub or pick the scab. Wash gently with fingertips and mild soap. Apply an antibacterial ointment to the treated area.
- Apply 1% hydrocortisone or Aloe Vera to the treated area as redness occurs. Hair remaining in the follicle with extrude typically within 1 to 2 weeks after treatment. This will look like growth, but is simply the body’s way of eliminating the hair from the injured follicle. On the third day post treatment you may shaver or gently wash the area to help loosen hair that is still embedded in the follicles.
- No exercise until the perifollicular edema (red bumps) resolves.
- No Jacuzzi, sauna, or stem baths until the skin is back to normal.

By signing this Informed Consent, you understand and agree as follows (check all that apply):

- The information contained in this Informed Consent was explained to me using terms I could understand, and all my questions and concerns have been answered. After reviewing all the information provided to me about cosmetic procedures and reviewing my health status, I believe I am a good candidate for LHR procedure.
- I understand that LHR is an elective procedure and hereby freely accept all possible risks, complications and side effects that may result from this procedure.
- I acknowledge that LHR procedure will be performed by an employee of Siam Beauty Clinic Co.,Ltd , who is properly trained and certified in its usage.
- I agree to return for any recommended follow up visits and follow all post-procedure instructions
- I understand that no guarantees have been made to me regarding the outcome of LHR procedure.

.....  
Patient or Person Authorized to Sign for Patient

Date

Witness